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AAGL
Advancing Minimally Invasive Gynecology Worldwide

18th Annual
Comprehensive Workshop on
Minimally Invasive Gynecology
for Residents and Fellows



Grace M. Janik, M.D.
Scientific Program Chair

April 18-19, 2009

Hyatt Regency O'Hare
Chicago, Illinois

Workshop Description

This course is designed for residents and fellows interested in advancing their skills and knowledge in the fundamentals of laparoscopic and hysteroscopic surgery. Rather than focusing on specific endoscopic procedures, the curriculum focuses on fundamental skills and knowledge that are essential to laparoscopic and hysteroscopic surgical procedures. Both didactic and hands-on laboratory sessions are used to teach different methodologies for tissue manipulation and dissection, the safe use of electrocautery and ultrasonic energy, laparoscopic suturing, techniques for tissue removal and morcellation, and both diagnostic and operative hysteroscopic procedures. A full spectrum of operative laparoscopic and hysteroscopic procedures including associated complications will be critically reviewed using an interactive case-study format. Also the new spectrum of robotics in minimally invasive gynecology will be discussed and demonstrated. The course emphasizes basic surgical principles emphasizing risk reduction and strategic thinking to insure risk reduction and optimal patient care.



Objectives

Following this workshop, the participant should be able to:

- Analyze patient preparation for endoscopic surgery
- Apply methods to safely enter the peritoneal cavity
- Describe fundamental laparoscopic and hysteroscopic anatomy
- Effectively utilize electrocautery and ultrasonic energy
- Differentiate methods for hemostasis, tissue manipulation and dissection
- Distinguish methods for adhesion prevention
- Describe the components and optics of hysteroscopic instrumentation
- Interpret the principles for using hysteroscopic distention media
- Perform intracorporeal and extracorporeal suturing
- Perform tissue removal by bagging and morcellation
- Utilize hysteroscopy for diagnostic and operative procedures
- Identify the requirements for utilizing robotics
- Reduce risk of laparoscopic and hysteroscopic complications

Saturday April 18, 2009

6:45am Registration
7:30 Welcome/Introduction F. D. Loffer/G. M. Janik

Laparoscopy

7:35 Laparoscopic Safety Using the Aviation Model M. P. Milad
8:05 Laparoscopic Anatomy: Topography and Retroperitoneal Structures A. I. Brill
8:40 Peritoneal Access Techniques and Complications A. Cholkeri-Singh
9:05 Energy Sources & Hemostasis: Biophysics and Applications A.I. Brill
9:30 Q & A
9:45 Break
10:00 Methodologies for Suturing and Applications G. M. Janik
10:25 Methodologies for Tissue Handling and Extraction C.E. Miller
10:55 Laparoscopic Complications R. P. Pasic
11:25 Q & A
11:45 Break & Lunch
12:00pm Luncheon Roundtables: Meet the Faculty
1. Techniques for Mass Tissue Removal During Laparoscopy A. I. Brill
2. Endoscopy Curriculum in Residency: How to Set Up Your Own Pelvic Trainer A. Cholkeri-Singh
3. Robotic Surgery D. L. Giles
4. Laparoscopic Surgery to Treat Endometriosis G.M. Janik
5. How and When I Perform Endometrial Ablation F.D. Loffer

6. Fellowships in Minimally Invasive Surgery J.M. Maurice, E. E. Ball
7. Laparoscopic Safety and Entry Techniques M.P. Milad
8. Best Techniques for Laparoscopic Myomectomy C.E. Miller
9. Evaluation/Credentialing New Procedures M.D. Moen
10. Hysteroscopic Sterilization: Current Techniques and Future Innovations S.N. Morris
11. Transvaginal Sacrocolpopexy: Technique and Short Term Results M.B. Noone
12. Choosing Best Hysterectomy for Your Patient R.P. Pasic
13. Special Considerations for Managing the Obese Patients at Laparoscopy S. Senapati
14. General Ob/Gyn or Gynecology-Only Practice for the Laparoscopic Surgeon: What to Do? A.A. Stepanian
15. Office Hysteroscopy G. Weiss

Hysteroscopy

1:00pm Pre-operative Preparation (Patient, Uterus, OR) F. D. Loffer
1:20 Operative Hysteroscopy: Endometrial Ablation, Myomectomy, Asherman's A.A. Stepanian
1:45 Office Hysteroscopy Complications of Hysteroscopy S.N. Morris
2:10 Q & A
2:30 Lab & Video Rotations
5:30-6:30 Meet the Faculty Reception

Sunday April 19, 2009

7:30am Breakfast Lectures: Robotic Surgery in Gynecology, D. L. Giles
Minimally Invasive Surgery, The Vaginal Approach M. Moen
8:30 Break
8:45 Lab & Video Rotations
11:45 Clinical Pearls from the Faculty
12:30pm Adjourn

Lab and Video Groups

All attendees divide into Lab and Video Groups on Saturday, April 18th from 2:30 pm to 5:30 pm and on Sunday, April 19th from 8:45 am to 11:45 am.

Video Tutorials

Energy Modalities

A.I. Brill

Hysteroscopy

R.P. Pasic

Laparoscopy

A.A. Stepanian

Hands-On Stations

Suturing Station

Coordinator: G.M. Janik

Faculty: K.I. Bajzak, E.E. Ball, A. Cholkeri-Singh, J. Crawford, J. Lullo, K. E. Fish, J.M. Maurice, M.P. Milad

Hysteroscopy Station

Coordinator: S.N. Morris

Faculty: F.D. Loffer, G. Weiss

Laparoscopy Station

Coordinator: C.E. Miller

Faculty: M.D. Moen, M.B. Noone, D. Pesch

Robotics Station

Coordinator: D.L. Giles

Faculty: A. Ahmed, S. Senapati

Faculty

Scientific Program Chair
Grace M. Janik, M.D.
Associate Clinical Professor
Department of Obstetrics & Gynecology
Medical College of Wisconsin
Director, Reproductive Endocrinology & Infertility
St. Mary's Hospital
Milwaukee, Wisconsin

Amina Ahmed, M.D.
Gynecologic Oncologist
Lutheran General Hospital
Park Ridge, Illinois

Krisztina Bajzak, M.D., M.S.
Assistant Professor
Discipline of Obstetrics and Gynecology
Faculty of Medicine,
Memorial University
St. John's, NL, Canada

Elizabeth E. Ball, M.D., Ph.D.
Senior Clinical Fellow
Gynecological Endoscopy and Infertility
St. Bart's and the London Hospital
West Smithfield
London, United Kingdom

Andrew I. Brill, M.D.
Director
Minimally Invasive Gynecology
and Reparative Pelvic Surgery
California Pacific Medical Center
San Francisco, California

Aarathi Cholkeri-Singh, M.D.
Associate Director of Minimally Invasive
Gynecologic Surgery
Lutheran General Hospital
The Advanced Gynecologic
Surgery Institute
Park Ridge, Illinois

Jessica Crawford, M.D.
Medical College of Wisconsin
Milwaukee, Wisconsin

Karen E. Fish, M.D.
Cook County Hospital
Chicago, Illinois

Dobie L. Giles, M.D.
Associate Clinical Professor
Department of Obstetrics & Gynecology
Medical College of Wisconsin
Female Pelvic Medicine and Reconstructive
Surgery
Reproductive Specialty Center
Milwaukee, Wisconsin

Franklin D. Loffer, M.D.
Associate Clinical Professor
Department of Obstetrics & Gynecology
University of Arizona at Tucson
Tucson, Arizona

Jack Lullo, STSA
Columbia St. Mary's
Milwaukee, Wisconsin

Joseph M. Maurice, M.D.
St. Joseph's Hospital and Medical Center
Rush Presbyterian
Chicago, Illinois

Magdy P. Milad, M.D.
Director - Gynecologic Endoscopy
Northwestern Memorial Hospital
Chicago, Illinois

Charles E. Miller, M.D.
Director of Minimally Invasive
Gynecologic Surgery
Lutheran General Hospital
The Advanced Gynecologic
Surgery Institute
Park Ridge, Illinois
Clinical Associate Professor
University of Chicago
Chicago, Illinois

Michael D. Moen, M.D.
Illinois Urogynecology, Ltd.
Lutheran General Hospital
Park Ridge, Illinois

Stephanie N. Morris, M.D.
MIGS Center,
Newton-Wellesley Hospital
Newton, Massachusetts

Michael B. Noone, M.D.
Lutheran General Hospital
Park Ridge, Illinois

Resad P. Pasic, M.D.
Associate Professor
Department of Obstetrics & Gynecology
University of Louisville
Louisville, Kentucky

Daniel Pesch, M.D.
Chair, Pro Tem and Program Director,
Department of Obstetrics
and Gynecology
Lutheran General Hospital
Park Ridge, Illinois

Sangeeta Senapati, M.D., M.S.
Assistant Professor,
Feinberg School of Medicine
NorthShore University
HealthSystem
Evanston, Illinois

Assia A. Stepanian, M.D.
Center for Women's Care & Reproductive
Surgery
Atlanta, Georgia

Gil Weiss, M.D.
Northwestern Memorial Hospital
Chicago, Illinois

The AAGL gratefully acknowledges the generous contributions of unrestricted educational grants and use of equipment from the following corporations in accordance with the ACCME guidelines for commercial support.

Conceptus, Inc. • Covidien • Ethicon Endo-Surgery, Inc. • Ethicon Women's Health & Urology
Intuitive Surgical • Olympus Gyrus ACMI • Smith & Nephew • Karl Storz Endoscopy-America, Inc.

General Information



AAGL
Advancing Minimally Invasive Gynecology Worldwide
is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians

TARGET AUDIENCE

This educational program is designed for specialists in gynecology and practitioners of women's health care including gynecologists, fellows and residents.

ACCREDITATION

The AAGL is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The AAGL designates this educational activity for a maximum of 14 AMA PRA Category 1 Credits™. Each physician should claim only those credits that he/she actually spent in the activity. Registrants must sign in daily to receive CME credits.

CONFLICT OF INTEREST

It is the policy of the AAGL to ensure balance, independence, objective, and scientific rigor in all sponsored educational programs. All faculty participating in continuing medical education activities are required to complete a conflict of interest disclosure form. This information will be printed in the postgraduate course syllabi. In addition, all participating faculty are required to disclose to the program audience any real or apparent conflict of interest related to the content of their presentations and must also disclose any discussions of unlabeled/unapproved uses of drugs or devices.

REGISTRATION FEES

Residents in Training/Fellows (Member)— \$275.00

Residents in Training/Fellows (Non-Member)— \$385.00

*Resident registration MUST be accompanied by a letter from your department chair indicating that you are a Resident or Fellow in training.

Physician (Member)— \$625.00

Physician (Non-Member)— \$885.00

CANCELLATION

Cancellations received prior to March 12, 2009 will be refunded minus \$50.00 for administrative fees. No refunds will be made after March 12, 2009. In the event that this course is canceled for any reason, attendees will be notified of course cancellation no later than two weeks prior to scheduled dates and a full refund of the meeting registration fee will be issued. Attendees will be responsible for canceling their own hotel and airline reservations.

HOTEL LODGING AND LOCATION

Hyatt Regency O'Hare

9300 Bryn Mawr Avenue

Rosemont, Illinois, USA 60018

Hotel Telephone: 1 (847) 696-1234 | Fax 1 (847) 698-0139

Reservation Dept.: (800) 233-1234

<http://ohare.hyatt.com/groupbooking.chiroaagl2009>

The entire workshop will be held at the Hyatt Regency. The rates are \$145.00 for a single/double occupancy plus tax. Check in time is 3:00 p.m. and check out time is 12:00 noon. Anyone staying beyond the 12:00 check out time without Hyatt Regency's authorization will be charged for an additional room night. Storage of luggage will be available through the hotel. To receive this special rate please make your reservations no later than March 27, 2009 and identify yourself as an AAGL Meeting attendee. If the room block is sold out prior to March 27, 2009 requests for rooms will be on a space available

basis at the prevailing rate. Cancellation of reservation must be made by 3:00 pm Central Standard Time on the day prior to arrival to avoid a cancellation charge.

All accommodations offer:

- Hyatt Grand Bed™
- High-speed Internet access
- Television with remote control, cable movie channels, and in-room pay movies
- Video messages, video account review, video checkout
- Voice mail, telephone, data port
- Turndown service available on request
- Full / deluxe bath amenities
- Hair dryer
- Coffee maker
- Iron / ironing board

Services & facilities:

- Express check-in kiosks
- Hyatt Fast Board™
- 1-800-CHECK-IN®
- T-Mobile® HotSpot high-speed wireless Internet access in lobby and public areas
- In-room dining
- Concierge
- New, full-service business center operated by FedEx / Kinko's™ with support services
- Multilingual staff
- Assistive devices for persons with disabilities
- Safe-deposit boxes at front desk
- Laundry / dry cleaning
- Valet parking and covered parking
- Town car service available
- Complimentary 24-hour airport transportation to and from O'Hare International Airport, departing every 15 minutes

AIR TRANSPORTATION

American Airlines offers AAGL attendees special MEETING SAVER FARES. To take advantage of these exclusive low fares, you must purchase your ticket up to seven days prior to departure. Call the special Meeting Services Desk toll free from anywhere in the USA and Canada, seven days a week from 7:00 a.m. — 12:00 midnight, Central Time at (800) 433-1790, Index #20541, Authorization #A6119SS.

AIR RESERVATIONS

Laguna Travel has been appointed as the official travel agent for the 17th Annual Comprehensive Workshop on Minimally Invasive Gynecology for Residents and Fellows. Attendees are able to make reservations on any airline through this agency and their representatives will assist you in obtaining the lowest fare possible for your travel preference and schedule. To take advantage of this invaluable service, please call:

Laguna Travel

Ph: (562) 945-3801 or (800) 270-6678

Fax: (562) 693-4897 Email: tabby@lagunatravel.net

INFORMATION

For further inquiries, please contact the AAGL office at:

6757 Katella Ave., Cypress, CA 90630-5105 USA.

Ph: (800) 554-2245 or (714) 503-6200

Fax: (714) 503-6201 or (714) 503-6202

E-mail: meetings@aagl.org • Web Site: www.aagl.org

Registration Form

(Please type name as it should appear on certificate)

18th Annual Comprehensive Workshop on Minimally Invasive Gynecology for Residents and Fellows April 18-19, 2009 • Hyatt Regency • Chicago O'Hare Chicago, Illinois

First Name: _____ MI: _____
 Last Name: _____ Degree: _____
 Address: _____

 City: _____ State: _____ Postal Code: _____
 Phone (area code): _____ Fax (area code): _____
 E-Mail Address: _____

All registrations must have the signature of your Department Chair indicating that you are a resident or fellow in training.

I _____ certify that _____ is a Resident/Fellow in our institution. _____
Department Chair name Resident/Fellow's name (Circle one) Signature/Date

FEES:

Lectures/Hands-on Workshop
 Physician in Training: \$275 \$385
 Physician in Practice: \$625 \$885

Total: _____

Annual member dues are \$115 for Physicians in Training (Residents & Fellows) and \$275 for practicing physicians. If you are not a member of the AAGL, you may pay the non-member fee and indicate, by completing the application below, that you would like to be an AAGL member this year at no additional charge.

MEMBERSHIP APPLICATION

Benefits

- The Journal of Minimally Invasive Gynecology** — You will receive a complimentary subscription worth \$214 to this bi-monthly Journal (Jan/Feb - Mar/Apr - May/Jun - Jul/Aug - Sep/Oct - Nov/Dec.) Online access available to members from the AAGL web site.
- AAGL Video Journal** — All AAGL members are able to access surgical videos that were presented at the 1999-2008 Annual Meetings.
- Web Marketing** — You are listed as a member of AAGL, you can create your own web page, hosted by AAGL at no cost to you, and you qualify for significantly reduced rates for developing your own website.
- NewsScope** — AAGL's quarterly newsletter.
- EndoExchange** — A lively forum to share medical and surgical tips.
- Career Scope** — Our online career placement program allows members to view jobs or post resumes free of charge.
- Basics of Gynecologic Endoscopy** — This useful resource, authored by leading physicians, is a practical guide to minimally invasive care. With over 200 pages, it includes topics on: informed consent, organizing the OR, laparoscopic instruments, adhesion prevention, hysterectomy, infertility, sterilization, and managing complications. Available to members online or on CD.
- Reduced Rates to all AAGL Meetings**
- Reduced Rates on AAGL Publications/Videos, Books, etc.**
- Discounts on computer hardware and software and digital equipment**
- Advanced Notification** — on all of our educational workshops, lectures, conferences, and congresses in advance of general announcement to give you the first opportunity to register.
- CME Credits** — All of our events are accredited for AMA PRA Category 1 Credits™ and recognized by ACOG.
- A Certificate of Membership**
- Group discounts for products and services**
- AAGL Bulletin** — Timely information about medical developments and AAGL news.

E-mail Address Use and Confidentiality

Please indicate below whether or not we may list your e-mail address in the online membership directory to be shared with other members only. The AAGL will not share member e-mail addresses with any outside sources for any reason.

- Yes, you may add my e-mail address to the online membership directory to be shared with other members only.
 No, please do not place my e-mail address in the membership directory to be shared with other members only.

Demographics: Male Female Year of Birth: _____

Type of Practice: Full-time Academic Private Residency Fellowship Hospital
 Primary Gynecology Ob/Gyn Infertility Urogyn Oncology Other _____
 Secondary Gynecology Ob/Gyn Infertility Urogyn Oncology Other _____

Year Practice Started: _____

Medical School

Name of Institution: _____ Degree _____ Year Graduated _____

Postgraduate Training

Name of Institution: _____ Degree _____ Year Graduated _____

Board Certification (if applicable):

Name of Board _____ Certification Date _____

Hospital Affiliation (optional): _____

Other Medical Societies (optional): _____

I hereby make application for membership in the AAGL.

Signature _____ Date _____

Form of Payment: Check Visa M/C

Grand Total: _____

Name on card: _____

Credit Card No.: _____ Expiration Date: _____

Signature: _____